**HWB Grid**

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| **Yoga**Complete a kids cosmic yoga of your choice:<https://www.youtube.com/results?search_query=cosmic+kids+yoga> | **Drawing**Draw something that make you happy. | **Board Games**Play some board games with your family. It is important to spend time and have fun with the people you love.  |
| **Cooking**Help your parent/care cook dinner or prepare lunch. You could write down the recipe and share with the class. | **Puzzles**Complete a puzzle. | **Dance**Create a dance to your favourite song. |