**HWB Grid**

|  |  |  |
| --- | --- | --- |
| **Yoga**  Complete a kids cosmic yoga of your choice:  <https://www.youtube.com/results?search_query=cosmic+kids+yoga> | **Drawing**  Draw something that make you happy. | **Board Games**  Play some board games with your family. It is important to spend time and have fun with the people you love. |
| **Cooking**  Help your parent/care cook dinner or prepare lunch. You could write down the recipe and share with the class. | **Puzzles**  Complete a puzzle. | **Dance**  Create a dance to your favourite song. |