

Tell a friend or an adult.



Play with your friends.



Stay away from trouble.



Feel good about yourself.



Play games that make you happy.



Do not fight.

## Most importantly Ask for help

Remember we can all help stamp out bullying at Bankhead.

Never get involved in bullying behaviour.

Try to support anyone being bullied.

If you have a problem with bullying <u>TELL</u>.

Remember -You have the right to feel safe!





F.A.B.
Friends Against
Bullying
Bankhead Primary
Bullyproofing

